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## Food Allergens List\*

Food Item	None	Milk	Eggs	Soy	Fish	Tree Nuts	Peanuts	Wheat	Crustacean
Beans - baked	x								
Beans - refried				MC					
Beef - and bean burrito				C				C	
Beef - Corn Dog (beef and pork blend)			C	C				C	
Beef - country fried steak		C		C				C	
Beef - ground	x								
Beef - hamburger patty				C					
Beef - hot dogs (beef and pork combined)	x								
Beef - Meat Loaf		C	C	C				C	
Beef - taco filling				C					
Bread - bosco sticks		C		C - shrtng				C	
Bread - Buttermilk Biscuits		C						C	
Bread - Calzones - Pepperoni		C		C				C	
Bread - hamburger buns				C				C	
Bread - hot dog buns		P		C - oil				C	
Bread - sandwich				C				C	
Bread - soft flour tortilla				C - oil				C	
Cheese - American slices		C		C					
Cheese - Cheddar		C							
Cheese - Mozzarella		C							
Cheese - nacho cheese sauce		C		C - oil					
Cheese - Parmesan		C							
Chips - Casa Solana Tortilla				C - oil					
Chips - Cheetos - baked		C							
Chips - Doritos - cool ranch		C							
Chips - Doritos - nacho		C							
Chips - Sun Chips Harvest Cheddar		C						C	
Condiments - Bacon Bits (Imitation)				C					
Condiments - BBQ Sauce				C					
Condiments - Butter		C							
Condiments - Cinnamon	x								
Condiments - Dressing, Buttermilk Ranch		C	C - yolks	C - oil					
Condiments - Dressing, Italian				C - oil					

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Condiments - Dressing, Poppy Seed			C	C - oil					
Condiments - Dressing, Sweet & Tart French			C - yolks	C - oil					
Condiments - Jelly	x								
Condiments - Ketchup	x								
Condiments - Margarine		C		C					
Condiments - Mustard	x								
Condiments - Pickles	x								
Condiments - Relish	x								
Condiments - Salsa	x								
Cookie - Carnival		C	C	C				C	
Cookie - Chocolate chip		C	C	C				C	
Cookie - Sugar		C	C	C - oil				C	
Cool Whip		C							
Crackers - soda				C				C	
Fish - breaded cod sticks (Sysco)				C - oil	C			C	
Fruit - all canned	x								
Fruit - pears, sliced	x								
Fruit by the Foot	x								
Fruit Gushers	x								
Ice Cream - vanilla cups		C				P	P		
Icing - chocolate				C					
Jello - orange	x								
Lunch Meat Combo	x								
Milk - non-fat dry		C							
Miracle Whip			C	C - oil					
Mix - Brownie		C	C	MC				C	
Mix - Chocolate cake			C	C				C	
Mix - Gravy white pepper		C	P	P				C	
Mix - Oatmeal cake w/icing		C	C	C				C	
Mix - Pumpkin cake w/cool whip		C	C	C				C	
Mix - White cake		C	C	C				C	
Oatmeal								MC	
Pancake & Sausage on a stick			C	C				C	

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Food Item	None	Milk	Eggs	Soy	Fish	Tree Nuts	Peanuts	Wheat	Crustacean
Pasta - Elbow Macaroni			P					C	
Pasta - Kluski Noodles			C					C	
Pasta - Rotini			P					C	
Pasta - Spaghetti								C	
Peanut Butter				C - oil			C		
Pizza - cheese		C		C				C	
Pizza - pepperoni		C		C				C	
Pizza - sausage		C		C				C	
Pork - Corn Dog (pork and beef blend)			C	C				C	
Pork - ground sausage	x								
Pork - ham	x								
Pork - hot dogs (pork and beef combine)	x								
Pork - pork chop shape patty				C				C	
Pork - rib patty				C					
Pork - roast	x								
Potatoes - Au gratin		C		C					
Potatoes - curly fries, seasoned				C - oil				C	
Potatoes - curly fries, unseasoned				C - oil					
Potatoes - french fries				C - oil					
Potatoes - Instant		C		C					
Potatoes - tator tots				C - oil					
Potatoes - waffle fries				C - oil				C	
Potatoes - wedges				C - oil					
Poultry - chicken fajita strips	x								
Poultry - Chicken, diced	x								
Poultry - Chicken, nuggets				C				C	
Poultry - Chicken, patties				C				C	
Poultry - Chicken, quesadilla		C	C	C				C	
Poultry - Chicken, raw	x								
Poultry - Chicken, strips				C				C	
Poultry - Crispitos Chicken & Cheese		C						C	
Poultry - turkey roast	x								
Pretzels - small and large								C	

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Pudding - Vanilla		C		MC					
Pumpkin	x								
Rice Crispy Treats		C		C					
Sauce - Marinara				C - oil					
Sauce - Spaghetti				C - oil					
Sauce - Spaghetti, Angela Mia	x								
Staples - Baking Powder	x								
Staples - Baking Soda	x								
Staples - Baking Soda	x								
Staples - Base, beef	x								
Staples - Base, chicken				C - oil					
Staples - Chili Powder	x								
Staples - Corn Starch	x								
Staples - Flour								C	
Staples - Food Coloring - yellow	x								
Staples - Garlic Powder	x								
Staples - Garlic Salt	x								
Staples - Italian Seasoning	x								
Staples - Kitchen Bouquet	x								
Staples - Onion Flakes	x								
Staples - Pan spray				C					
Staples - Powdered Sugar	x								
Staples - Salt free seasoning				C					
Staples - Seasoned Salt		MC		MC				MC	
Staples - Shortening, solid				C - oil					
Staples - Sour Cream		C							
Staples - Sugar, brown	x								
Staples - Sugar, white	x								
Staples - Vanilla	x								
Staples - Vegetable Oil				C					
Yogurt cups		C							

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*St. Anthony Grade School provides an annual <i>Food Allergens List</i> to identify ingredients that may cause reactions in people with food allergies.										
There is the possibility that manufacturers of the commercial foods we use could change the formulation at any time and without notice, and there is always a risk of contamination. St. Anthony Grade School does not assume liability for adverse reactions to foods consumed, or items one may come into contact with while eating at any school facility. Please refer to the <i>Student-Parent Handbook</i> for additional information regarding food allergy.										