Ash Wednesday
Padre’s point of view . . .

There are many ways we learn about our faith. The more we learn about God and His church, the more we understand how much He loves us. We can learn about him in very simple ways like reading a devotional or meditating on a Bible passage. Other ways lead us deeper into a relationship with Him, like attending a Mission or Retreat. The important thing is that we take time to learn about God and His love as well as invite others to do so.

This is one of the Spiritual Works of Mercy: Instructing the Ignorant

Fr. Chris will be in the St. Anthony Church office on Tuesdays and Thursdays.
He will be in the Sacred Heart Church office on Wednesdays and Fridays.

Lenten Regulations
1. ABSTINENCE – Everyone 14 years of age and over is bound to abstain from meat on Ash Wednesday and all the Fridays of Lent.
2. FAST – Everyone 18 years of age and under 59 is required to fast on Ash Wednesday and Good Friday.

On these two days of fast and abstinence, only one full meatless meal is permitted. Two other meatless meals, sufficient to maintain strength may be taken according to each person's needs, but together these two should not equal another full meal. Eating between meals is not permitted, but liquids (including milk and fruit juices) are allowed.
3. To disregard completely the law of fast and abstinence is seriously sinful.

Altar Servers Meeting
Our next servers meeting is Monday, February 8th at 6:00pm in the church.

February 10th - Ash Wednesday Mass Times
St. Anthony Church - 6:30am, 8:30am, 12:10pm, 6:30pm
Sacred Heart Church - 7:15am, 8:30am, 12:10pm, 7:00pm
St. Mary’s Church, Shumway - 7:00pm

Rediscover Jesus Book by Matthew Kelly
Rediscover Jesus is a profound invitation to seek deeply personal answers to our deeply personal questions. Each page seems to effortlessly reach deep into our lives, providing spiritual wisdom and practical insights that help us to know both Jesus and ourselves in a new way.

These books will be available on Ash Wednesday, at the entrances of church, for all who wish to take a copy.

Grief Support Meetings
Our next meeting will be held on: Tuesday, February 9th at 2pm Tuesday, February 16th at 7pm In the St Anthony Parish Center

Attention . . . In the event of a death, accident or other life emergencies, while offices are closed, please contact (217) 703-1042.

Pray for Vocations

St. Anthony High School
Chapel Mass Thursday 7:00 a.m.
(Except the 3rd Thursday of every month)
(Subject to Change. Check with SAHS)

Sacred Heart Mass Times
Monday - Friday 7:15 a.m.
Saturday 4:00 p.m.
Sunday 8:30a.m. & 10:30 a.m., 5:30 p.m.

Spanish Mass Sunday 7:00 p.m.

St. Mary’s Mass Times
Saturday 5:30 p.m. Sunday 8:30 a.m.
Mass Intentions

Monday, February 8:
6:30 a.m. Mass: Bud Althoff Family
8:30 a.m. Mass: Stanley Brooks

Tuesday, February 9:
6:30 a.m. Mass: William & Agnes Kabbes
8:30 a.m. Mass: Norbert & Virginia Koetser

Wednesday, February 10:
6:30 a.m. Mass: Diane Pickens
8:30 a.m. Mass: Bernie & Marcie Burford Family; Jim Jansen; Hugh McHugh Anniversary
12:10 p.m. Mass: Laura Titara
6:30 p.m. Mass: Dolores Dahmer

Thursday, February 11:
6:30 a.m. Mass: Parishioners of St Anthony
8:30 a.m. Mass: Descendants of Frank & Anna Herboth
12:00 Noon - Bible Study with Fr. Chris
7:00pm - RCIA - at the High School (Room #109)

Friday, February 12:
6:30 a.m. Mass: Jack & Illa Nisbet 67th Wedding Anniversary
8:30 a.m. Mass: Dan & Jane Sullivan Family

Saturday, February 13:
4:30 p.m. Mass: John Steppe

Sunday, February 14:
7:30 a.m. Mass: Becky Hawickhorst Anniversary
9:15 a.m. Mass: Emma Mihlbachler
11:00 a.m. Mass: Clara Thies

Natural Family Planning Class
Feb. 13, 2016 at 10:00am - St Isidore Parish
March 12, 2016 at 2:00pm - St. Francis, Teutopolis
Apr. 23, 2016 at 1:00pm - St Anthony Parish
May 14, 2016 at 1:00pm - St Isidore Parish
July 23, 2016 at 11:00am—St Anthony Parish
Call Kate Pruemer at 821-1840 to register.

Catholic Radio Station - Covenant Network 91.3 FM
Do you have questions about the Catholic Faith or a desire
to learn more? Wondering what to do to help your prayer
life during Lent this year? Did you know we have a FM
Catholic radio station right here in Effingham that can help
with all that and more? WGMR 91.3 FM features a wide
variety of Catholic programming every day: National call-
in shows where people of any faith can ask questions, news
updates from the Vatican and around the world, the ability
to listen and pray along with the Rosary, Chaplet of Divine
Mercy and the Mass at least once a day, and much
more! The weekend of Feb. 20 & 21, volunteers and
friends of Covenant Network will be here after all Masses
to share free CDs, Catholic literature, and 91.3 FM car win-
dow clings, all to help us Evangelize right here at home.
Tables will be set up near the doors of the Church; we hope
you’ll take this opportunity to learn more about Catholic
programming and WGMR 91.3 FM.

Pre-Cana Workshops
EIU Newman Center on February 12-13, 2016.
Call 217-348-0188 to register.

St. Mary of the Assumption, St. Marie on Sat-
urday, March 19, 2016. Call 618-455-3155 to
register.

Sacred Heart Parish on Saturday, October 1, 2016.
Register at www.dio.org. For questions, call Darlene at 217-
347-7177.

St. Aloysius Church, Dieterich on November 13, 2016.
Call 217-925-5579 to register.

Effingham Area Catholic Youth Group
Join the EFFINGHAM AREA CATHOLIC YOUTH GROUP on Sunday nights from 6:30-8:00pm @ Sacred
Heart church lower level. Bring your friends. Join the fun.
Talk about everything Catholic, answer your questions,
mission trips, ice skating, challenge you & watch you
grow. Don't wait. We're waiting for YOU. If you have
questions, call Katalyn Miller @ 217-347-7177 or
email k.miller@sheff.org.

BE a VOICE for the VOICELESS!
The Johnson family was dealt a
difficult blow...cancer. With much
at stake they became avid suppor-
ters of cancer research. But at what
cost? Their journey took an unex-
pected twist that made them ques-
tion, “does everyone deserve to be
a survivor?”
Come hear their story at our next
parish pro-life meeting.
Date: Tuesday, Feb. 9
Time: 6:30 – 8 pm
Location: Effingham KC Building
The advertisements that appear in this bulletin completely defray all publishing costs which the church would otherwise incur. Please patronize the sponsors on the back of this bulletin and thank them for their kind generosity.

Church Cleaning for February
Cleaning is done Saturday morning from 8:30-9:30. If you are unable to clean, please call a replacement.

- Niki Jennings - Rick & Jami Johnson
- Dale Jones - Randy & Kathy Jones
- Steve & Angie Jones - Brad & Sandy Kabbes
- Chris & Pam Kabbes - Craig & Tessie Kabbes
- Doug & Cheryl Kabbes - Gregg & Debbie Kabbes
- Jonathan Kabbes - Kimberlee Kabbes
- Kurt & Jennifer Kabbes

Weekday Mass Servers

<table>
<thead>
<tr>
<th>Monday, Feb 8</th>
<th>6:30am Abby &amp; Allison Repking</th>
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<tbody>
<tr>
<td>Tuesday, Feb 9</td>
<td>6:30am Bryson Wall</td>
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<tr>
<td>Wednesday, Feb 10</td>
<td>6:30am Rilee Willenborg &amp; Taylor Quandt</td>
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<td>Thursday, Feb 11</td>
<td>6:30am Claire &amp; Bridget Sudkamp</td>
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<tr>
<td>Friday, Feb 12</td>
<td>6:30am Emma Ashton &amp; Darin Hutchison</td>
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Radio Mass

Recorder for the month of February: Ken & Mary Stuckey

Fifth Sunday in Ordinary Time
Lent is almost here. Forty special Days for extraordinary fasting, praying, giving. We will fast to sharpen our senses. We will pray to focus our attention on God in Christ. We will give up some things and give away more things, in order to give ourselves over to a Christian life of compassion and mercy.

- This Lent, I want to....
- This Lent, I need to....
- This Lent. These days. This time.

Michael James Mette Concert
Michael James Mette will be sharing his music at Immaculate Conception Church on February 14, 2016 at 4:00pm on stage at St. Mary’s School (2000 Richmond Ave, Mattoon, IL). A free-will offering will be taken.

Liturgical Ministers for February 13 & 14

<table>
<thead>
<tr>
<th>Ministry</th>
<th>Saturday - 4:30pm</th>
<th>Sunday - 7:30am</th>
<th>Sunday - 9:15am</th>
<th>Sunday - 11:00am</th>
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<tr>
<td>Presider</td>
<td>Fr. Michal Rosa</td>
<td>Fr. Zachary Edgar</td>
<td>Fr. Zachary Edgar</td>
<td>Fr. Michal Rosa</td>
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<td>Lectors</td>
<td>Marcie Burford</td>
<td>Rem Woodruff</td>
<td>Bernie Blanchette</td>
<td>Kent Schmidt</td>
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<td>Ken Vogt</td>
<td>Marilyn Woodruff</td>
<td>Christy Elder</td>
<td>Liz Schmidt</td>
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<td>Lectors</td>
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<td>Alice Dust</td>
<td>Connie Rudolph</td>
<td>Nancy Roley</td>
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<td>Kevin Hoene</td>
<td>Greg Dust</td>
<td>Jacob Emmerich</td>
<td>Sue Palmer</td>
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<td>Brad Koenig *</td>
<td>Deb Kabbes *</td>
<td>Steve Frisbie *</td>
<td>Georgia Willenborg *</td>
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<td>Carrie Koenig *</td>
<td>Gregg Kabbes *</td>
<td>Sarah Geen *</td>
<td>Sasha Althoff *</td>
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<td>Eric Althoff</td>
<td>Sue Bushur</td>
<td>Nick Grunloh</td>
<td>Cody Rinker</td>
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<td>Jamie Schuette</td>
<td>Carla Koerner</td>
<td>Mandy Henning</td>
<td>Will Clausius</td>
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<td>Denise Deters</td>
<td>Lisa Koerner</td>
<td>Richard Hochdaffer</td>
<td>Mary Jane Day</td>
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<td>Servers</td>
<td>Elle Wegman</td>
<td>Claire Scheidemantel</td>
<td>Jack Elder</td>
<td>Wade Lawrence</td>
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<td>Katie Kabbes</td>
<td>George Scheidemantel</td>
<td>Luke Rudophi</td>
<td>Jacob Johnson</td>
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<td>Elizabeth Kabbes</td>
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<td>Ben Rudophi</td>
<td>Henry Kemme</td>
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<tr>
<td>Ushers</td>
<td>Ed Deters</td>
<td>Keith Willenborg</td>
<td>Bill Hoen</td>
<td>George Dallmier</td>
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<td>Jeff Dust</td>
<td>Greg Bushur</td>
<td>Doug Rudophi</td>
<td>Brian Dust</td>
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<td>David Emmerich</td>
<td>Gregg Kabbes</td>
<td>Brian Sehy</td>
<td>Mark Dust</td>
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<td>Dan Ritz</td>
<td>Phil (Carl) Koerner</td>
<td>Mike Sehy</td>
<td>Gene Fearday</td>
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Sacred Heart Fish Fry

Fridays: Feb. 12, 19, 26 & March 18
Serving from 4:30pm to 7:30pm

Menu includes:
Fish, Mac & Cheese or Baked Potato
Slaw or Applesauce
Chips, Drink, and Dessert

Adults $7.00 - Children $3.00
 Carry-outs Available

“NO FISH, FISH FRY”
Friday, March 11, from 4:30-7:30pm
Sacred Heart Parish Center

Please join us for Joe’s Pizza cheese pizza and meatless pasta, salad, breadsticks, and dessert.

Adults $6.00 - Children $4.00
We have exciting raffle baskets this year, including an iPad Mini!
Proceeds benefit the 2016 Space Camp Trip.

Child Abuse Reporting and Investigation number at 217-321-115 or Children and Family Services Child Abuse Hotline at 1-800-25-ABUSE.
CONGRATULATIONS, ILLINOIS STATE SCHOLARS!

The Illinois Student Assistance Commission (ISAC), the state agency committed to helping to make college accessible and affordable for Illinois families, bestowed this prestigious recognition to top Illinois high school students annually. This year, nearly 19,000 elite honorees join the other top state students honored for their academic achievements since the designation was first introduced in 1958.

Illinois State Scholars possess strong academic potential and are chosen based on a combination of exemplary ACT or SAT test scores and sixth semester class rank. State Scholars rank in approximately the top ten percent of high school seniors, representing 652 high schools across the state.

The 2016 Illinois State Scholars are pictured above, left to right: Emma Richards, daughter of Jeff & Julie Richards; Parker Anderson (Todd Anderson & Robin Anderson); James Kabbes, (Craig & Tessie Kabbes); Sara Ragland, (Ryan Ragland & Jodi Jansen); Nick Grunloh, (Ted Grunloh & Jean Anne Grunloh); Isabel Moore (Ian & Aimee Moore); Blake Esker (Terry & Gail Esker); Abby Brown (Chris & Robin Brown); Chandler Martelli (Mike & Shelly Martelli); Allison Spraul (Dr. Joe & Carolyn Spraul); Chris Jones (Randy & Kathy Jones); and Ian Harris (Bob Harris & Robin Harris). The students were recognized at the boys’ basketball game on January 15.

NEW STUDENTS WELCOMED TO ST. ANTHONY HIGH SCHOOL

Three new students were recently welcomed to St. Anthony High School the beginning of second semester. Shown in photo, L to R, we welcome freshmen students Braylee Marxmann and Isaiah Daiber and junior student Carson Howard.
How to Submit Bulletin Articles - Please submit written bulletin articles to: bulletin@stanthony.com or mail to Bulletin, PO Box 764, Effingham, IL 62401. Articles must be in the office by noon Monday prior to publication.